

ABSTRACT OF THE DISCLOSURE

A metallic porous body includes a number of protrusions formed on obverse and reverse sides of a metal sheet so as to protrude alternately with one another; each of the

5 protrusions being formed into an truncated-shape wherein an opening portion punched out in the direction from the upper-side bottom to the lower-side bottom is formed in the upper-side bottom of each protrusion, and a vertical distance (d) between the upper-side bottom on the obverse side and the

10 upper-side bottom on the reverse side, and a height (e) of a punched portion have a relation: $0.3 < e/d < 0.9$, thereby attaining a metallic porous body without a burr or a edged convex portion on its outside surface, with a large number of fine pores arranged at fine pitch and a light-weight and

15 robust skeleton.